Leela Bassi

Leela is an inspirational Multilingual Speaker, a Mentor, and a Storyteller. She specialises in helping people develop resilience and face challenging situations with boldness. This enables them to develop confidence, competence and capabilities to tackle any challenges that come their way.

Leela strongly believes that if you dig deep you can find **RESILIENCE** within yourself. **GRIT** will enable you to learn to be comfortable in an uncomfortable state. **SELF-BELIEF** will give you the ability to see yourself through and achieve any goals as well as elevate your **LEADERSHIP** skills.

Leela is passionate about inspiring business leaders and individuals to adopt the principle that resilience is a key focus for every company as it will benefit both their employees and business.

Adventurer

After surviving an Arctic expedition in temperatures down to -42 C, winds of up to 80 KM per hour, sleeping in tents on ice with emergency help over 24hrs away, her whole outlook on life completely changed. From that moment on, her mindset was transformed. Leela overcame several of her fears and began to believe in herself all over again. This soul-searching journey led her to develop her own motivational speaking career which brings her to where she is today. Leela believes that we are all unstoppable and anything can be achieved when you challenge your self - belief.



Through her worldwide experience, Leela has delivered numerous key notes and strategies that have enabled her to establish a mental strength which can turn setbacks and failures into success stories. Leela provides insight through motivational talks and follow-on workshops which explore the challenge of overcoming self-restricting beliefs. She shares blueprints that will pick you up and elevate you to a higher place. Techniques that will change your attitude from "I can' t to I can". From low self-esteem to super hero she takes you on a journey that will not only captivate your mind, but stories that will entice and intrigue you to make you want to be a better version of yourself & will change lives immediately. Known for her resilience and focus, Leela describes how to combat fear of failure and why hunger is always your most valuable asset regardless of your organisation or industry.

Empowered and Energised Mentor

As former President at the Windsor Toastmaster International Club & Area Director of District 91 looking after 6 clubs in Berkshire Leela has inherited invaluable leadership skills & given multiple educational talks as well as delivered countless motivational speeches to different audiences. Her journey has been extremely beneficial and rewarding; her mentoring skills have led individuals to nurture themselves gain confidence & growth as well as develop their communication skills and overcome their fears.

To check Leela's availability and prices please call +(44) 7900134392 or email leelabassi@hotmail.com

Visit <u>www.leelabassi.com</u>

aboveandbeyondresilience





Speech & Workshops Topics include:

- Strategies to enhance your RESILIENCE
- Developing coping mechanisms to overcome setbacks
- How to focus your energy and drive each day with tenacity
- Master Plan to intensify your GRIT
- Confidence to stay motivated when the going gets tough
- Adapting to life's obstacles through physical & mental toughness
- Techniques to amplify your SELF- BELIEF
- Surviving the storms of life
- No pain no gain theory
- Blueprint to magnify your LEADERSHIP
- Dealing with pressure of work deadlines & Demands
- Creating a solid business/ growth & Transformation